

Outcome Indicators for Youths' Functioning and Parents' Child Management Skills: Results for PMTO Trainees

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Measures

Youth Functioning: CAFAS
Parenting Skills: Caregiver Wish List

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CAFAS SUBSCALES

 School/Work	 Moods/Emotions
 Home	 Self-Harmful Behavior
 Community	 Substance Use
 Behavior Toward Others	 Thinking

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CAFAS: The Essentials

Each of the 8 subscales has problems, strengths and goals.

For each Subscale, problems are divided into 4 levels of impairment:

Severe	Moderate	Mild	Minimal/None
30	20	10	0

For problems, raters select behavioral descriptors that describe child's severest functioning in the last 3 months.

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A Strength-Based Self-Report Questionnaire for Assessing Parenting Skills

Caregiver Wish List

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Caregiver Wish List

- Self-Report by caregiver
- **STRENGTHS** || -Based & Skills-Based
- Skills that can be taught by a "coach" (therapist)
- Asks about caregiver's parenting skills across six major skill areas
- Caregivers are full participants – gets their "buy in"
- While answering the questions, caregivers "tell their story"
- Contains "Scientific Secrets" to managing difficult youths (What parent behaviors lead to improved behavior in a youth with behavioral problems?)

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Caregiver Wish List Domains



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Skills to Develop is the "Answer Key" (Under Questions)

- Caregiver's answers are transferred to answer key via carbonless copy
- Used to "cross walk" from caregiver's answers to specific skill building needed
- Used to design treatment objectives
- Can be shared with caregiver for purpose of collaboratively selecting skills to be addressed in treatment
- Scores generated can be used to assess change in caregiver's perception over time

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Example Question and Answer Key

SKILL WISH LIST FOR YOU					
Questions	Q #	Response Options			
How often do you structure your child's time with set chores or routines (for example, when to go to bed, when TV can be watched or computer games played, when schoolwork is done)?	1	Hardly ever 1	Once in a while 2	Sometimes 3	Often 4
		✓			

ANSWER KEY FOR THE "SKILL WISH LIST FOR YOU"					
Domain & Skills	Q #	Response Options			
Providing Direction and Following Up	1	Hardly ever 1	Once in a while 2	Sometimes 3	Often 4
Structure (Q generated; no set expectations and routines (which have socialization value)		✓			

Answer key identifies the skill strengths and deficits which correspond to each question.

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Data For Naturalistic Field Study

- N=18 Trainee Therapists
- Limitations:
 - Incomplete data collection
 - Non-equivalent samples



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Participant Criteria

- No criteria imposed, except that youth lives at home with at least one caregiver
- For purposes of facilitating training, plan was to restrict by age and CAFAS scores:
 - Age: 5-12 years old
 - CAFAS: presence of significant behavior problems
 - CAFAS home subscale = 20 (moderate) or 30 (severe) and
 - CAFAS Behavior Toward Others subscale or School subscale = 20 (moderate) or 30 (severe)
 - CAFAS: absence of serious comorbidity
 - No 30's on: Moods/Emotions, Self-Harmful, Substance Use, Thinking, & Community subscales
- Lifting restrictions resulted in more challenging cases

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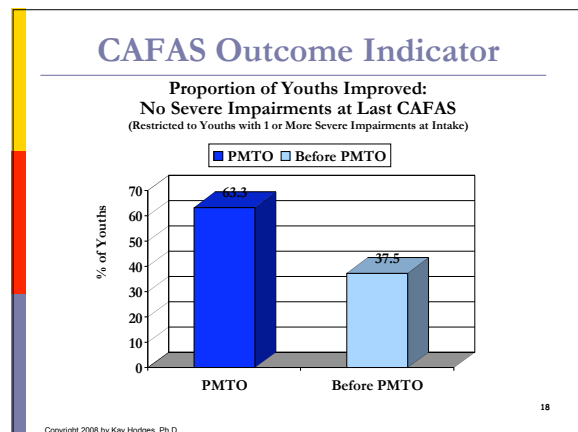
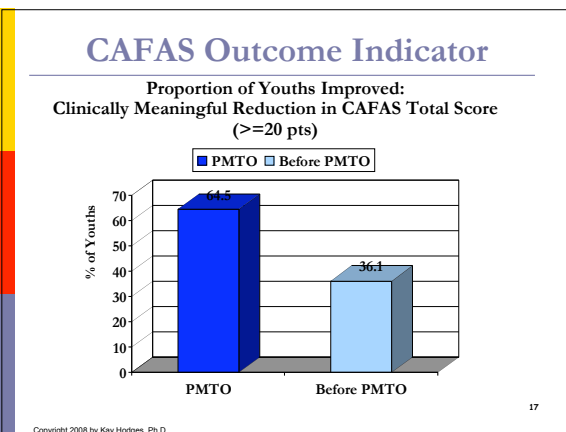
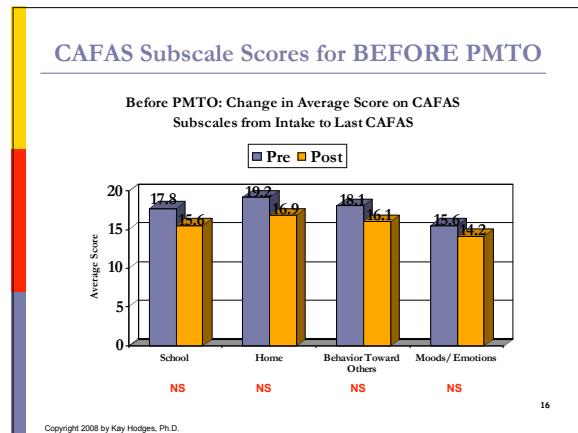
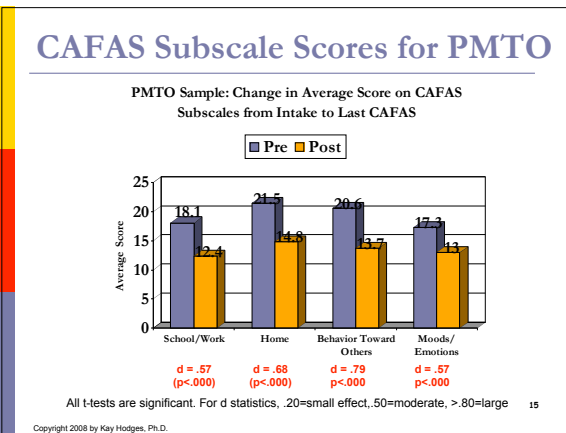
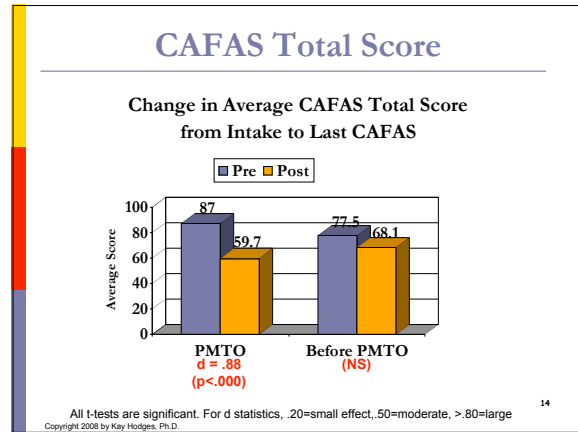
PMTO and "Before PMTO" Cases to Date

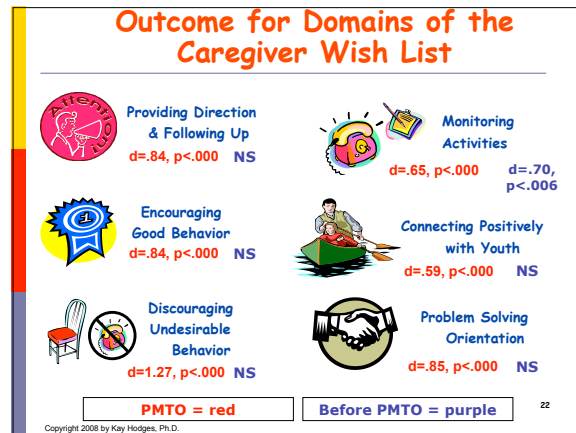
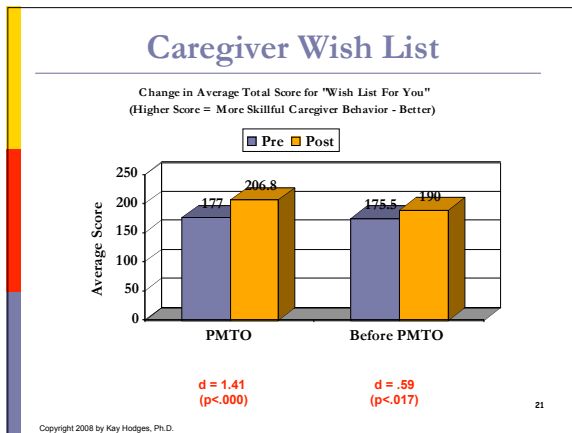
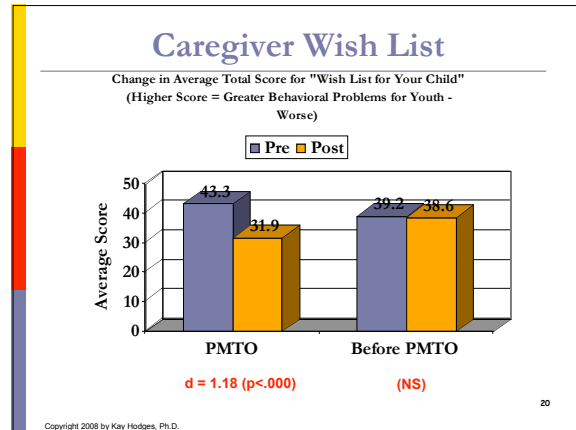
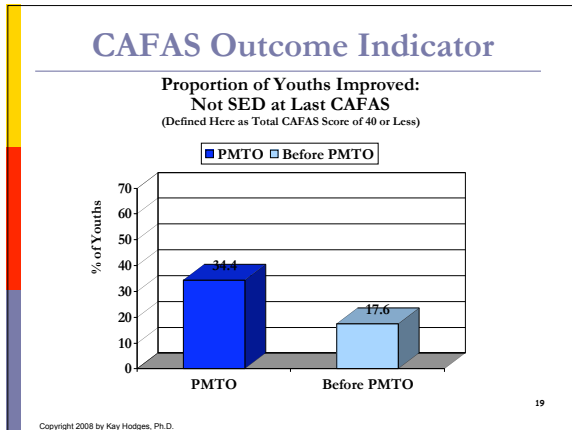
(N=18 trainees)

	PMTO		Before PMTO	
	CAFAS	Caregiver Wish List*	CAFAS	Caregiver Wish List*
n	93	49	36	20
Average Age	9	9.1	9.4	9.6
% Male	67.8	70.8	63.9	70

*Caregiver Wish List was optional at the beginning of the project; 4 trainees did not contribute CWLs to "Before PMTO" group

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Summary: T-Tests Comparing Pre to Post

Measure	PMTO d statistic	Before PMTO d statistic
CAFAS		
Total Score	.88***	NS
School	.57***	NS
Home	.68***	NS
Behavior T/ Others	.79***	NS
Moods	.57***	NS
Caregiver Wish List		
Child Total (non-compliance)	1.18***	NS
Caregiver Skills		
Total Score	1.41***	.59*
Providing Direction	.84***	NS
Encouraging	.84***	NS
Discouraging	1.27***	NS
Monitoring	.65***	.70**
Connecting	.59***	NS
Problem Solving	.85***	NS

*** p < .000, ** p < .01, * p < .05; large effect in red
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- ### Summary: PMTO in the Field
- Naturalistic study
 - First wave of state-sponsored training
 - On money as usual in economically challenged state
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